

## **GFWC Woman's Club**

February 5, 2018

### *Agenda*

- 1) Pledge to the Flag
- 2) Collect/Conservation Pledge
- 3) Thought for the Day - Dee Delloro
- 4) Introductions of Guests & New Members
- 5) Ice Breaker
- 6) Secretary's Report
- 7) Correspondence Report
- 8) Treasurer's Report
- 9) Areas of Interest News (See Packet)

### **Business**

Health Retreat for Teens

St. Vincent Table

Scholarships

Social Event in February

District Convention Committee

By-Laws Committee

Arts Committee

### **Program**

"The New Reality of Nursing Care"

### **Dates to Remember**

Saturday, February 10—Health Retreat

Wednesday February 21—Narvick House @ 6:30 pm

Wednesday, February 21—Book Club at 11:30 am

Thursday, February 22—St. Vincent's Table @ 5:30 pm

Monday, February 26—By-Laws Mtg at PMI @ 6:00 pm

Tuesday, February 27—Montage Social @ 7 pm

Monday, March 5—General Meeting

### **Thank You's**

Narvick House Volunteers

### **Adjournment**

GFWC Illinois Morris Woman's Club Meeting Minutes  
January 8, 2018

President Caroline Cummings called the meeting to order at 7:05pm with the Pledge of Allegiance. It was followed by the Collect and the Conservation Pledge. 16 members were in attendance.

Special guests Rose Gillman (Director of the MPL), Mia Warsinski and Caitlin Baxa were introduced by Julie Erickson.

Minutes were read and approved as amended. A thank you note was read from Premier Academy by Nilsa Sochan.

Rose Grossi, Treasurer, reported there was an ending balance of \$2631.41. \$80 of promotional expenses was recorded in December. There was little activity for the month.

- *Arts*- Narvick House is 1/17 at 6:30pm. Volunteers and snacks are needed. Also, please save your pickle jars and figurines for this month's craft. We are collecting Pennies for Art. Also, please save toilet paper rolls for a LAF craft.
- *Conservation*- Vivi Sargent took a count of members that have donated RX bottles (12), stamps (3) and lids (10). Chris Perry informed members that Jewel will accept grocery bags, ZipLoc bags, plastic food bags, etc as recycling in their bin at the store.
- *Education*- Kaileen Cummings reminded members to promote our event, "Love Yourself First." 11 teens are already signed up for the event. Looking to get 20 girls signed up. We also need another volunteer to help drive the girls from the event at the Fitness Bar to Maureen's house. Admission is \$30 per person and the beneficiary is Redskin Helping Hands.
- Special guests Caitlin Baxa and Mia Warsinski spoke about the time they had at their art camps this past summer. Both had a great time and learned a lot from the experience.

New Business:

- Barb Hoffman reminded members about the district meeting on March 24, 2018. Our club is going to host a salad bar lunch. We will charge district members \$7 per person for lunch and the proceeds will benefit our club. She will have a sign up sheet to make salads next meeting.
- Caroline Cummings informed the members that we now have our class B bond in place for raffles or fundraising.

Members were reminded:

- Art at the Narvick House: January 17th at 6:30pm
- Book Club: January 17th at 11:30am
- Paint N Sip: January 26th at 7pm (ExFAC)
- Report Writing: January 29th at 6pm

The meeting was adjourned at 7:45pm

Respectfully submitted,

Cailey Walker, Secretary Pro Tem

## GFWC Illinois Morris Woman's Club Executive Board Meeting Minutes

January 8, 2018

President Caroline Cummings called the executive meeting to order at 6:05pm. Caroline Cummings, Nilsa Sochan, Cailey Walker, Julie Erickson, Rose Grossi, Kaileen Cummings, Vi Sargent, and Lisa Barkley were present.

Caroline Cummings informed the exec board Vicki Signai and Maria Pogliano were conducting an audit of the group's books. They are also compiling a corporate book. She also informed the group we have our bond for our Class B City of Morris license to hold raffles. This bond will last for a year, and we must pay \$5 per raffle or fundraiser. Report writing will be at PMI on January 29th at 6pm. Paint N Sip will be our January fun event and will be at the Exhibit Fine Arts Center on January 26th at 7pm. It's \$20 per person and BYOB. Family Fest is at Shabbona on February 10th from 10-2. Julie Erickson suggested the group have a booth and come up with some kind of game for the kids to play.

Rose Grossi, Treasurer, reported there was an ending balance of \$2631.41. \$80 of promotional expenses was recorded in December. There was little activity for the month.

Education- Kaileen Cummings reminded members to promote our event, "Love Yourself First." 11 teens are already signed up for the event. Looking to get 20 girls signed up. We also need another volunteer to help drive the girls from the event at the Fitness Bar to Maureen's house. Admission is \$30 per person and the beneficiary is Redskin Helping Hands. She has permission slips for the girls to sign so they can be transported from the Fit Bar to Maureen's house.

PR - Lisa Barkley spoke about a possible fundraiser for 911 signs. They would cost \$8 each if we made them on our own or \$10 if the company she's working with made them. Rose Grossi, Midwest Sign Works, is going to check on a price to see if she can make the signs any cheaper. The signs will be sold for \$20-\$25. Lisa is going to check on order quantity minimums and shipping costs.

Conservation- Vivi Sargent is going to take a count of member donations of stamps, lids and RX bottles. She reminded the group to save items for the animal shelter in February.

International - Julie Erickson asked how we could help Days for Girls (presenter Pam from December). Cailey Walker is going to reach out to Pam to see what support she would like best from our group (cash donation, hotel soaps, flannel, cotton, ZipLocs).

The meeting was adjourned at 6:53pm

Respectfully submitted,

Cailey Walker, Secretary Pro Tem

# Morris Women's Club Treasurer Report 2/5/18

<b>BEGINNING BALANCE</b>	<b>\$2631.41 - 1/8/18</b>	
<b>Barb Hoffman</b>	t-shirt	+\$20.00
<b>Membership Dues</b>	Peacock, N. Swartz, Hendricks, Erickson, Odom, Mitchell	+\$186.00
<b>Cailey Walker</b>	reimbursement for Narvick House art	-\$46.74
<b>GFWC IL 12th Dist</b>	11 x 22.00 memberships	-\$220.00
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<b>Super Hero Run</b>	Grundy Bank/ sponsor	+\$100.00
<b>Caroline Cummings</b>	reimbursement for banquet	-\$69.36
<b>Caroline Cummings</b>	reimbursement for banquet	-\$5.00
<b>Race Roster</b>	1/25 50.00+100.00	+\$150.00
<b>Race Roster</b>	1/30 275.00	+\$275.00
<b>Membership Dev.</b>	<b>\$130.64</b>	Beginning balance, \$200.00, -\$69.36 for Banquet Ending Balance, \$130.64
<b>5K Balance</b>	<b>\$1985.02</b>	Beginning balance, \$1460.02 Deposits, +\$100 Ending Balance, \$1560.02+Race Roster dep of \$425.00 pending deposit, total \$1985.02
<b>Bridge Club Balance</b>	<b>\$254.00</b>	balance as of 11/2/2017 - \$174.00 Deposits +\$80.00 Ending Balance, \$254.00
<b>Regency Care Balance</b>	<b>\$116.92</b>	
<b>General Acct. Balance</b>	<b>\$534.73</b>	
Two checks have not been cashed Sec of State \$13.00, and Shriners from the Race for \$300.00		
<b>ENDING BALANCE</b>	<b>\$3021.31</b>	

## February 2018 News and Notes

### American Heart Month

#### ART

- Art Night at the Narvick House is Wednesday, 2/21 at 6:30pm. Donna C is going to run the craft (THANK YOU!). We need volunteers and someone to bring the snack and water. Please volunteer!
- Don't forget to save your "Pennies for Art!"
- Also, we're still collecting toilet paper rolls for our craft at the Liberty Art Festival. Please save and give to Mary Lee Howard.

#### EDUCATION

- Scholarship forms for GFWC-IL have been sent out to schools for a submission date of February 15. We are also advertising the scholarship on Facebook and to date it has been viewed by over 1000 people.
- There is an event to be held in Lisle by North Central College on how to make money in the arts. The cost for a student is \$125 (discounted \$100). We could sponsor a high school or college student to go by paying a portion of this fee. The event is held on the last weekend in February. It can be in art, music, or drama.
- Virtual Book Club selection is "Blink" by Malcolm Gladwell.
- Still a couple of spots open for this event. We want to fill it with 22 (assuming 2 will drop). It's a great opportunity provided by The Fitness Bar to educate teens about a variety of issues.

## LOVE YOURSELF FIRST HEALTH RETREAT

Join us for a teen health retreat focused on self-esteem, healthy eating, and movement. Led by Maureen Keegan, owner of The Fitness Bar, participants will engage in a series of activities including kickboxing, yoga practices, group discussion, and easy cooking tutorials to learn how to cultivate a healthy and happy lifestyle from the inside out.

**February 10th, 2018 10 AM - 1 PM**

**COST:** \$30. Proceeds donated to Redskins Helping Hands.

**WHO:** Females aged 13-18. Limit 20 participants.

**EQUIPMENT:** Work-out clothes and clean tennis shoes.

**Drop off:**  
The Fitness Bar  
539 Bedford Rd  
Morris, IL

**Pick Up:**  
Keegan Home  
2606 Creekside Ln  
Morris, IL

For more information or to reserve your spot today please contact:

Kaileen Cummings  
kaileen.cummings@gmail.com  
815-715-7551

or

Maureen Keegan  
maureen.theftbar@gmail.com

Sponsored by Morris Woman's Club (MWC CFWC-IL). To find out more about Morris Woman's Club and how we participate in the community, please visit our website at [morriswomensclub.org](http://morriswomensclub.org).

## HOME LIFE

**Click for Babies** is officially live on the website with all the links and patterns a person needs. We also had some yarn donated. Please share with all your knitting and crocheting friends. To date by reaching out to a volunteer in another state, we have created three hats since the Christmas. There is probably someone in your life who likes crocheting and needs a project to do with their hands. Also this project has been posted on allforgood.org, the "Craig's List" of the volunteer world.

## INTERNATIONAL

Cailey Walker has provided a list of some items that the Days for Girls group in Aurora is seeking:

Thank you for your efforts on behalf of Days for Girls. There are lots of ways you can help. I'll list a few below:

1. Donations are always welcome
2. We can always use sewers
3. Quilt fabric and flannel – solid colors, geometric prints and floral only. I great way for quilters to reduce their stash! We need pieces at least 10 X 10, yard goods is great.
4. Gallon size Ziploc freezer bags. (We use Ziploc as they are the thickest plastic on the market)

Feel free to bring any of the above to our February meeting. If you have any further questions, please let us know!

## PUBLIC ISSUES

- Still working on the 911 Signage project. Will be implemented in the next month or so.
- During this particular time in America, is important for all of us to develop skill sets to discuss sensitive issues without getting mad. This website is dedicated to helping citizens and teachers develop these social skills in others. They are creating a framework for making a difference. This organization has information on every difficult discussion that is going on in America.

<https://www.nifi.org/>

## FEBRUARY 2018 CONSERVATION UPDATE

**Chapin Park and Firehouse:** Hoping to place some Valentine's Day decorations at both places in next few days.

**Humane Society:** A bin has been placed for shelter items, along with 2 envelopes. One envelope for me to go shopping for listed items, the other envelope for office supplies/vaccinations for the animals. I will probably take items out around the 15<sup>th</sup> if you need more time to shop, just drop off at my house or I can come pick up. Thank-you for donating!

*\*Please don't leave pets outside in the cold weather\**

JUST ANIMAL SHELTER ITEMS IN MAZON NEEDS:

### For Cats

- Kitty Litter - non-scoopable please.
- Purina Kitten Chow
- Dry or Canned Cat Food
- Cat toys
- Towels and Small Blankets
- any monetary donations (office supplies, animal vaccinations)

GRUNDY COUNTY ANIMAL CONTROL NEEDS:

- Kitty Litter- non-scoopable please
- Purina Kitten Chow
- Dry Cat Food
- Dry Dog Food

**Please feed the birds and fresh water is replaced.**

**Stamps:** Not quite a pound of stamps and postcards was sent to Lincoln Land Association of Bird Banders (LLABB).

Remember to save stamps, plastic lids and prescription bottles (labels and sticky residue removed).

## HOME LIFE OVERVIEW OF JANUARY 2018

- Birthday cards were sent to Park Pointe, The Gardens of Park Pointe, Regency Healthcare Centers AND Club Members. Thank you Vivi Sargent and Donna Weaver for keeping up on this.
- Park Bingo Party was a success. Thirteen residents participated. Thank you Nilsa Sochen and Mary Lee Howard for working the bingo and thank you to Cailey Walker, Ann Polson and Nilsa for donating the snack prizes. I was also in attendance.
- Weighted Comfort for Kids Sewing Party was on January 24th with 5 club members and 8 guests attending. Members and guest completed a total of 11 blankets and 10 shells were started. The next sewing party will be February 24, 2018 from 9:00am-1:00pm. Thank you Mary Lee for leading this and to all the members that attended.
- Salavation Army Bell Ringing went great. Thank you to Nilsa S, Jo D, Cindy P, Linda P, Mary Lee H, Barb H, Chris P, Vickie S and Julie E.
- February 8<sup>th</sup> will be serving dinner to the guest at St. Vincent Table, please see the signup sheet if you would like to help serve.
- If you are interested in volunteering at the PADs Shelter or at Rhythm of OUR Youth screenings done by Morris Hospital. Contact me for more information for each of these. If you already volunteer at any of these please let me know how many hours and we can report on it.

## SUPERHERO RUN

The run is progressing nicely. The committee is working hard and staying on schedule with getting everything lined up. As of January 25, we had 15 runners and 7 sponsorships. These are higher than our statistics last January. February and March will be when most of the runners and sponsorships come in. The run committee is reaching out to all the local businesses for their support. Last year's final totals were 159 runners and 25 sponsors

### Upcoming Events

- ❖ February 8th ST VINCENT TABLE
  - ❖ March 28th at 1pm IVI BINGO
  - ❖ May 1st - 15th MOBIL MEALS
- ❖ GREETING CARD TO NURSING HOMES AND CLUB MEMBERS
  - ❖ 3R's MAGAZINES (Recycle, Remember, Reinvigorate)
  - ❖ GRUNDY AREA PADS
  - ❖ RHYTHM OF OUR YOUTH

Blessings,  
Michelle Mitchell  
815-341-8640  
Mitchells1998@yahoo.com