CLICK for Babies
Period of PURPLE Crying Caps

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CLICK for Babies:
Period of **PURPLE** Crying Caps Campaign

CLICK for Babies is a grassroots public education campaign organized by the National Center on Shaken Baby Syndrome (NCSBS) (http://www.dontshake.org/) in partnership with hospitals, public health and child abuse prevention groups to create awareness of the leading trigger for infant abuse, frustration with infant crying.

During the campaign, communities all across North America donate handmade caps stitched in all shades of purple. Along with these caps, new parents receive a video, booklet, and bedside information describing the *Period of PURPLE Crying* (a period of time when infant crying increases; beginning when babies are about two weeks old, peaking in the second month and ending around the third to fifth month).

The collaboration and coordination it takes to make the caps, distribute them to hospitals, and deliver them to parents provides a fantastic opportunity to bring the whole community together in an effort to raise awareness about this important issue.

What's in a Name - Why "CLICK" for Babies?

The name comes from the well known "clicking" sound that knitters and crafters make with their needles as they create their works of art. Also, much of the campaign's excitement and awareness is generated through social media when people "click" the keys on their computers to gain and share information.

THE GOAL

The goal of the CLICK for Babies campaign is to increase awareness and educate others about the *Period of **PURPLE** Crying* that all infants go through, how to respond to prolonged crying, and the importance of never shaking your child - all in an effort to prevent the shaking and abuse of infants.

National Center on Shaken Baby Syndrome | *Period of PURPLE Crying*
1433 North 1075 West, Suite #110, Farmington, UT 84025
Tel: (801) 447-9360 | Fax: (801) 447-9364

HOME (/INDEX.PHP)   ABOUT (/ABOUT-CLICK-FOR-BABIES-CAMPAIGN.PHP)   KNIT (/STITCHERS-CLUB/)   TELL (/TOOLKIT.PHP)   GIVE (/GIVE3)   CONTACT US (/CONTACT.PHP)   FAQ (/FAQ.PHP)   DISCUSSION BOARD (/DISCUSSION-BOARD.PHP)
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2015 PURPLE CAP SIZING GUIDELINES

How to MAKE SURE the PURPLE Caps you donate will fit a newborn:

"Try on" your finished caps using any spherical object that measures 14" around: inflated balloon, ball, bowl, jar, doll's head, stuffed animal head, etc. Hats should measure 4-6" high.

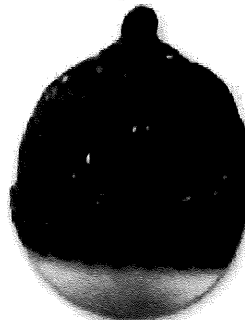*All patterns are available for free online. Use your browser to search for the pattern name and designer.*

"SWEET CHILD OF MINE HAT" BY *Shannon Squire, 2013*

Once made, many crocheted and knit baby caps may appear too small.

The inside circumference of this completed hat is only 7".

Follow pattern specifics for a newborn head circumference of 13"-15" (average 14"), including needle or hook size and yarn weight.

Once cap is stretched open and pulled over a 14" circumference balloon, if it fits snugly, it should fit a newborn's head perfectly!

Notice how the 7" inside circumference easily stretches to 14".

"PLAIN AND STRIPED NEWBORN PURPLE HAT" BY *Halifax Charity Knitters, 2012* (L-CORD TOP-KNOT NOT PART OF ORIGINAL PATTERN)

This and other "Watchman" style caps may appear too small for a newborn due to the ribbed and folded brim.

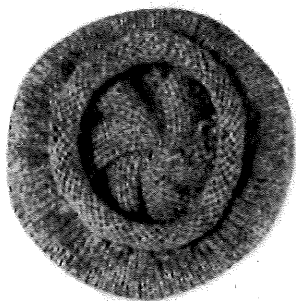The inside circumference of the finished hat is only 7".

Once cap is stretched open and pulled over any 14" circumference object, it should fit a newborn snugly...a perfect fit!

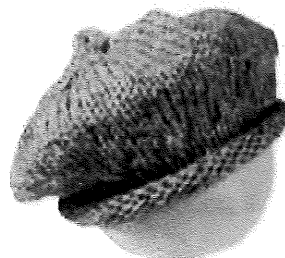See how the 7" inside circumference stretches to 14".

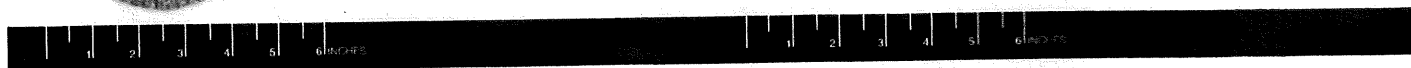### "BABY ROLLIN' BERET" BY *Woolly Wormhead, 2006*

This cap was made using the 14" circumference size specifications.

The inside circumference of the completed cap measures 10.5".

Once cap is stretched open and pulled over a 14" circumference ball (or any object with a 14" circumference), if it fits snugly on the ball, it should fit a newborn's head perfectly!

Notice how the 10.5" hat opening easily expands to 14".

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Thank you for paying close attention!

Parents select their favorite hat from the dozens that are on display in their birth centers. The most popular hats have common characteristics. These guidelines will increase the likelihood of YOUR hat going home with a family.

YARN

Hats that are either KNITTED or CROCHETED will need to be made with new, clean, SOFT-TO-THE-TOUCH and WASHABLE yarn.

"VALUE" yarns are sometimes scratchy and tend not to be selected by new parents. Test softness on your cheek if you're unsure!

SIZE

Of the THOUSANDS of beautifully hand crafted *PURPLE* caps that are donated each year, many *hundreds cannot be used because the size is either too big or too small.* These hats will be worn by 1 or 2 day old infants. The average newborn head circumference is 14" (13"– 15") and hats should be approximately 4-6" high.

For further sizing instructions, please check our SIZING GUIDELINES.

COLOR

Hats NEED to be **50%** or more of any shade of *PURPLE* (for the *Period of PURPLE Crying*).

Please help us meet families' requests for more "BOY-FRIENDLY" hats by considering patterns with darker purples, and stripes of blue, orange, green, or gray.

STYLE

Please use EITHER: all Gender-Neutral (Unisex) styles OR: an equal number of Girl-Friendly and Boy-Friendly styles.

SAFETY

Please help us keep babies safe from choking and strangulation risks:

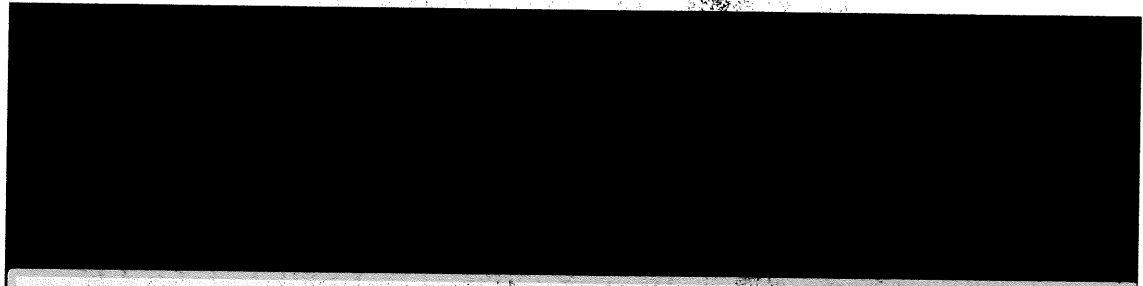PLEASE DO NOT ATTACH DECORATIONS: pom-poms, tassels, straps, bows, ribbons, buttons, etc.

WARMTH

These hats keep babies' heads warm outdoors during the colder winter months. Smaller stitches result in a warmer hat. The large, loose stitches (typically made by looms) tend not to provide enough warmth.
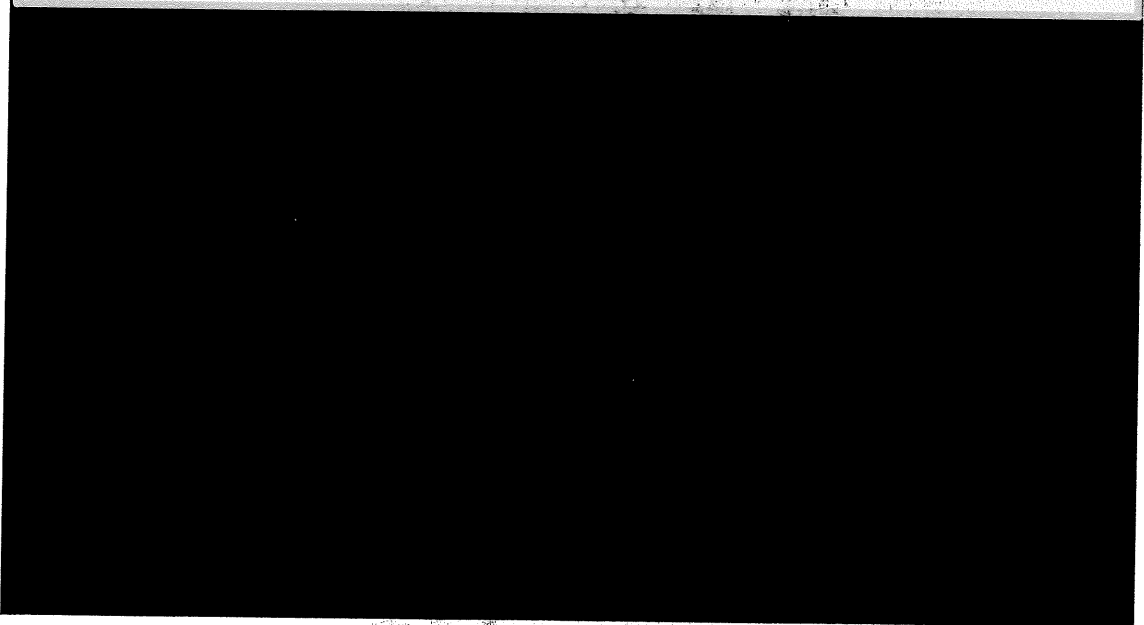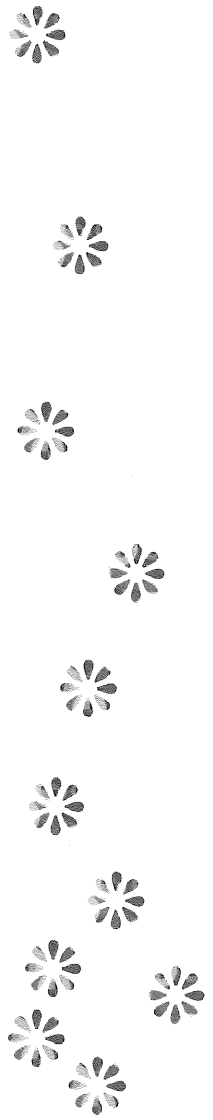
LOOMS

This type of knitting is allowed, but should be used with caution. Please ensure that the caps are not too LOOSE or too TIGHT for a comfortable fit around the baby's head.

SWEET CHILD OF MINE HAT

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Abbreviations

<u>k</u> – knit.
<u>k1tbl</u> – knit one stitch through back of loop.
<u>k2tog</u> – knit two stitches together into one stitch. One stitch decreased.
<u>p</u> – purl.
<u>rnd, rnds</u> – round, rounds.
<u>ssk</u> – slip/slip/knit. To do this, slip one stitch as if to knit. Slip another stitch as if to knit. Insert left needle into front of these two stitches and knit them together. One stitch decreased. Note: Some people prefer an ssk worked with second stitch slipped as if to purl.
<u>st, sts</u> – stitch, stitches.

Notes

You can also knit this hat in only one color – just ignore the instructions to change colors, and work in stockinette stitch until you've reached the requisite 4"/10 cm.

Instructions

<u>Brim</u>
Using cast on of your choice, color A (if for a CLICK for Babies Campaign hat, color A should be purple!), and smaller needles, cast on 50 sts. Join to knit in the rnd, being careful not to twist, and place marker to indicate beginning of rnd. Slip that marker each time you come to it.

Still using Color A, work in (k1tbl, p1) ribbing for 1.25"/3 cm.

Still using Color A, switch to
    larger needles and k 2 rnds.
Switch to Color B and k 4 rnds.
Switch to Color A and k 2 rnds.
Switch to Color B and k 4 rnds.
Switch to Color A and k until
    hat measures 4"/10 cm
    from cast on edge.

<u>Crown decreases</u>
Note: Use Color A for the remainder of the hat.
Rnd 1: (ssk, k6, k2tog) to end.
Rnd 2 (and all even-numbered
    rnds 2-8): k to end.
Rnd 3: (ssk, k4, k2tog) to end.
Rnd 5: (ssk, k2, k2tog) to end.
Rnd 7: (ssk, k2tog) to end.
Rnd 9: ssk to end.

Remove marker and cut yarn leaving a tail about 10"/25cm long. Use a tapestry needle to draw the yarn through all sts on the needles. Remove knitting needles. Weave ends in on the inside, block, and put on a sweet little child, yours or otherwise.

Newborn Baby Hat
By Elisa Purnell
Copyright 2009

Materials:
- Aran, worsted or light worsted weight yarn
- Size H hook

Gauge: 7 double crochet = 2"; 4 rows = 2"
Size: approx. 5" - 5.5" tall, and 5.25" - 5.75" across at the base.
Stitch Guide:
- *Picot:* chain 3, slip stitch in vertical bar and side bar of single crochet before chain 3.

Chain 4, join with slip stitch in 1st chain to form ring.
Rnd 1:
- Chain 3, then make 15 double crochet inside ring.
- Join with slip stitch in top of beginning chain 3.
Rnd 2:
- 3, double crochet in same stitch.
- * 1 double crochet in next double crochet , 2 double crochet in next double crochet ,
- repeat from * ending with 1 double crochet in last stitch. *(24 stitches including chain 3)*
- Join with a slip stitch in top of beginning chain 3.
Rnd 3:
- § Repeat Rnd 2 *(36 stitches including chain 3)*
Rnds 4 - 6:
- Chain 3; double crochet in same stitch,
- Double crochet in each double crochet around,
- Join with a slip stitch in top of beginning chain 3. *(Stitch count increases by 1 on each row.)*

*** For Picot Edged Hat ***
Rnd 7: Working in **Back Loop Only**
- Chain 3; double crochet in same stitch,
- Double crochet in each double crochet around,
- Join with a slip stitch in top of beginning chain 3.
Rnd 8: Working in **both loops**
- Chain 3; double crochet in same stitch,
- Double crochet in each double crochet around,
- Join with a slip stitch in top of beginning chain 3.
Rnd 9 - 10:
- Repeat Rnd. 7 *(working in back loop only)*

Rnd 12:

- Chain 1; single crochet in same stitch
- *Single crochet in next 3 stitches
- Work Picot *(see Stitch Guide above)*
- Repeat from * around, ending with slip stitch in beginning chain 1. Fasten off.
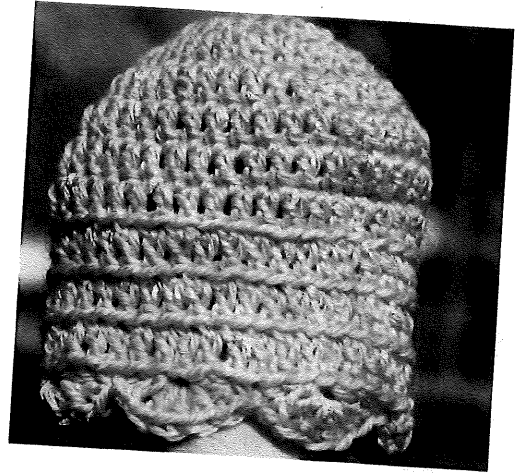
*** For Shell Edged Hat: ***

Rnd 7- 10: Working in **Back Loop Only**

- Chain 3; double crochet in same stitch,
- Double crochet in each double crochet around,
- Join with a slip stitch in top of beginning chain 3.

Rnd 11: Still working in **Back Loop Only**

- Chain 3, 2 double crochet in same stitch,
- *Skip 2 double crochet, slip stitch in next double crochet,
- Skip 2 double crochet, 5 double crochet in next stitch,
- Repeat from * around, ending with 2 double crochet in same stitch as beginning chain 3. Fasten off.